

## A Daily Guru Yoga of Venerable Mila Shepa Dorje

RANG GI CHI WOR PE DE TENG

Above my head upon a lotus and moon seat

JE TSUN SHE PA DOR JE NI

is Venerable Shepa Dorje

KU DOK NGO SANG RE KAR SOL

with a pale green body clad in white cotton,

U RAL GYEN DU CHOK PA YI

pushing his hair upwards,

CHAK YE NYEN GI TE KAR TEN

with right hand resting at the level of his ear, and

YON PE NYAM SHAK TRU SHAL NAM

left hand holding a *kapala* with the meditation gesture.

YE SHE O NGA TRUK PE LONG

Within an expanse of five-colored wisdom lights

ZI JIN RAB TU BAR WAR SHUK

his blessings and majesty blaze intensely,

SHOM ME DOR JE GUR YANG DROK

unceasingly singing the vajra songs, and

TUK JE DAK LA TSE WE GONG

lovingly regarding me with compassion.

KU NGA YE SHE TOP PAR JIN GYI LOB

Grant your blessings that the wisdom of the five kayas is attained.

NE LUK RANG SHAL JYAL WAR JIN GYI LOB

Grant your blessings that the abiding nature of our own face is encountered.

NAM TOK GOM DU CHAR WAR JIN GYI LOB

Grant your blessings that conceptual thoughts arise as meditation.

CHEN NGEN LAM DU LONG WAR JIN GYI LOB

Grant your blessings that negative conditions appear as the path.

LE NGEN DIK DRIP DAK PAR JIN GYI LOB

Grant your blessings that negative actions, nonvirtues, and obscurations are purified.

TA WA GOL SA CHÜ PAR JIN GYI LOB

Grant your blessings that errant views are abandoned.

KOR WAR SHEN LOK KYE WAR JIN GYI LOB

Grant your blessing that disenchantment with the cycle may arise.

JA LU KA CHOD DRUP PAR JIN GYI LOB

Grant your blessings that the rainbow body of Khechari is achieved.

OM AH GURU HASA VAJRA HUNG

JE MILA SHE PA DOR JE LA SOL WA DEB SO

I pray to Venerable Mila Shepa Dorje.

JE TSUN SHE PA DOR JE KU

The body of Venerable Shepa Dorje

RANG SEM TRO DRAL NYI ME DRE

becomes inseparable from my natural mind free of elaborations.

CHU LA CHU BUR THIM PA TAR

Like bubbles dissolving into water,

MIK ME NGANG DU NYAM PAR SHAK

rest in the non-objectifying state.

GE WA DI YI NYUR DU DAK

By this virtue, may I swiftly

CHAK GYA CHEN PO DRUP GYUR NE

achieve the attainment of mahamudra,

DRO WAR CHI KYANG MA LU PAR  
and establish all beings without exception

DE YI SA LA GO PAR SHOG  
in that very same state.

*Text composed by Pawo Rinpoche. Source of the translation is unknown.*